



ASN UPENDO VILLAGE

BI-MONTHLY REPORT.

SEPTEMBER - OCTOBER, 2024.

SUBMITTED BY: ASN UPENDO VILLAGE, KENYA.

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ABREVIATIONS

NHIF-----: National Health Insurance Fund

ART-----: Antiretroviral Therapy

SHA-----: social health Authority

KUCCPS---: Kenya Universities and Colleges Central Placement Service

HELB-----: Higher Education Loans Board

OVC-----: Orphaned and vulnerable children

HIV-----: Human Immunodeficiency Virus

AIDS-----: Acquired Immune Deficiency Syndrome

HEF-----: Higher education funding

1. EXECUTIVE SUMMARY

In the period spanning September to October 2024, ASN Upendo Village has continued its unwavering commitment to supporting vulnerable populations, particularly those living with HIV/AIDS, while addressing pressing challenges such as food insecurity, access to education, and healthcare services for the community's most at-risk members. This was achieved through its well organized and functional departments which work hand in hand to ensure the efficient delivery of services to the people we serve. The report details how **Social Welfare Department** continued to provide vital support for vulnerable populations, particularly those living with HIV/AIDS. Key activities during the September–October 2024 period included **support group meetings** where 778 clients received psychosocial support and education on treatment adherence, drug fatigue, and financial management. The department also enrolled 40 new HIV-positive clients, including 2 children, bringing the total number of **HIV+** clients served to **3828** and total program beneficiaries to **14,612**. Other initiatives included the **Grandmothers Project**, which held 4 meetings to promote self-care, hygiene, and strong communication with grandchildren. Despite facing challenges such as **food insecurity** due to rising food and fuel prices, the department remains committed to its mission and will continue to emphasize **adherence to antiretroviral therapy (ART)** and provide targeted support to mitigate food insecurity.

The **Client Income-Generating Activities Program** empowered clients, grandmothers, and guardians through practical income-generating activities such as dairy goat rearing, poultry farming, and beekeeping. Notable achievements include **two clients** who successfully expanded their dairy goat operations, utilizing milk to supplement their diet and income. A total of **810 clients** attended support groups to learn about program adherence and **credit management**, ensuring the sustainability of their ventures. The program also conducted **home visits** to monitor client progress and assess needs, with 5 families receiving direct support. Clients were trained on sustainable farming techniques through the **demonstration garden**, and **fruit tree nurseries** were established as additional income sources. Overall, the program is successfully fostering **self-reliance** and empowering families to break the cycle of poverty through education and practical resources.

The **Education Department** of the ASN Upendo Village Sponsorship Program ensured the smooth return of sponsored students to school for the third term in late August and September 2024. The department supported 86 students across primary, secondary, technical, and university levels, including three new enrollees. Key activities included home and school visits to monitor academic progress and address any personal challenges that could affect students' performance. The department also supported the Children Rights Protection Enhancement Program, assisting in the evaluation of Children Rights Clubs in Naivasha Sub County. Despite these successes, the program faced challenges such as delays in the release of HELB funds for higher education students and disruptions caused by an ongoing lecturers' strike.

The **Hospitality & Nutrition Department** focused on improving the health and nutrition of clients through various initiatives in the September–October period. The department established **8 kitchen gardens** and conducted a farm demonstration to boost food security. They also conducted home visits in collaboration with the social welfare department to assess clients' nutritional needs, particularly for bedridden individuals, and distributed food supplements such as maize flour and special porridge to **769 support group members**. Additionally, **32 grandmothers** received food supplements. Despite these efforts, the department faced challenges such as a high cost of living, increased demand for services, and high dependency levels among clients, which have strained available resources.

The dispensary saw a total of **781** patients in the Outpatient Department (OPD), with additional visits to clinics such as **Child Welfare (165)**, Antenatal (9), and **Postnatal (105)**. Laboratory tests **totaled 360**, while dental services were provided to 23 individuals. The top diseases treated included upper and lower respiratory tract infections, joint diseases, and conditions like diabetes, hypertension, and pneumonia. The report also highlights continuing medical education (CME) activities on topics like dental abscesses and hypertension treatment. However, challenges were noted, including a decline in patient numbers following the transition of **NHIF** to **SHA** and the closure of local schools, as well as delays in insurance approvals for MALK and PACIS policies.

2. INTRODUCTION

This bi-monthly report for ASN Upendo Village covers the activities, achievements, and challenges faced by various departments from September to October 2024. During this period, the organization has made significant strides in supporting vulnerable populations, particularly those living with HIV/AIDS, through psychosocial support, treatment adherence education, and economic empowerment initiatives. ASN Upendo Village remains dedicated to its mission guided by gospel values, provide medical, education, economic and psychosocial support for its beneficiaries. The report highlights key programs such as the Client Income-Generating Activities Program, Hospitality and Nutrition Department, Health Department, Social Welfare Department and the continued efforts of the Education Departments to improve the well-being of clients and their families.

3. HOSPITALITY & NUTRITION DEPARTMENT

During the two months' period, the department in collaboration with social welfare department conducted 2 home visits to assess clients' nutritional standards and provided nutrition assessment and counselling to also the bedridden clients.

During the sessions the nutritionist conducts an assessment which entails food or nutrition related history and the challenges the clients face with maintaining good diet.

3.1. Food supplements distribution

The clients were educated on the importance of the food supplements they get in ASN Upendo village and its nutritive value to their health. Two awareness forums were conducted during the period under review.

We also fed the clients a well- balanced lunch and afterwards we distributed nutritional supplements such as Maize flour, Special Porridge, rice and Beans to take home. This was made possible through the support of administration department and donors.

During the two months' period, the department issued nutrition supplements to a total of 769 members of support group.

Table 1 Food supplements distribution table

Name of support	SEPT 2024	NOV 2024	TOTAL
Mai-mahiu	65	73	138
Karai	98	110	208
Mirera	120	113	233
Town	103	87	190
Totals	386	383	769

A total of 32 grandmothers were issued with food supplements.

Table 2 Grandmothers' food supplements distribution table

NAME	SEPT 2024	NOV 2024	TOTAL
Mai-Mahiu	5	5	10
Town	11	11	22
Total	16	16	32

3.2. Challenges faced during the month

- High cost of living.
- Increased number of needy clients.
- Lack of employment.
- High dependency levels.



Photo 1 Jacinta issuing food supplements to Town grandmothers



Photo 2 Jacinta supervising Mirera support members during issuing of food supplements.

4. CLIENT INCOME GENERATING ACTIVITIES

The Client Income-Generating Activities program empowers clients and grandmothers/guardians through projects like; dairy goats' rearing; indigenous poultry rearing; beekeeping; interest-free loans; water tanks; tree planting; solar lamps. The program has also continued to provide an alternative source of livelihoods to the clients as well as empowering them to be self-reliant in order to break the cycle of poverty.

4.1. DAIRY GOATS

In the months under review, two clients reported that their goats kidded and they were using the milk they get from the goat to supplement their diet.

4.2. SUPPORT GROUP

During the period under review, 810 clients and grandmothers attended their various support group meetings. The clients were provided with training on best practices for adherence and credit management practices.



Photo 3 Felista addressing Town Support Group members.

4.3. HOME VISITS

Over the course of the review period, 5 families were visited. In these visits, monitoring of various projects that they have ventured in was done.



Photo 4

Sr Ann, Felista and Grace Wanjiru a member of Town Support Group and an established entrepreneur empowered through the program, at her vendor location.



Photo 5 Felista and David Nderu a dairy goat beneficiary.



Photo 6 Felista and Mary Wambui a member of Karai Support group at her farm.

4.4. DEMONSTRATION GARDEN

The garden continues to act as a demonstration to our clients. Through the knowledge gained, clients are able to cultivate a variety of vegetables on their limited pieces of land.



Photo 7 Muema harvesting tomatoes at demonstration garden.



Photo 8 Tomatoes

4.5. ESTABLISH TREE NURSERIES FOR FRUITS.

In the months under consideration, clients were empowered on how to establish tree nurseries for fruits to generate income.



Photo 9 Felista and Eunice, a member of Karai support group in her established fruit tree nursery bed of tree tomato and lemons.

5. EDUCATION DEPARTMENT

Most active sponsored pupils/students under the ASN Upendo Village sponsorship program reported back to their respective institutions of learning for third term on the scheduled opening dates in late August and September 2024. The primary pupils reported back to school on 26th August while those in secondary and technical schools reported back on September 2nd and 3rd. Prompt payment of their school fees and acquisition of the required course requirements was done to facilitate timely reporting to their respective institutions.

During the period under review, the department was able to conduct several home and school visits. The visits were done to monitor the learning process for some of our sponsored students who have been having learning challenges as well as to monitor the challenges they could be facing at home and see how these can be addressed to enhance their academic performance and overall well-being.



Photo 10 Samuel Maina, Charles and Francis Gacheru during a school visit at Acacia Ridge Academy.

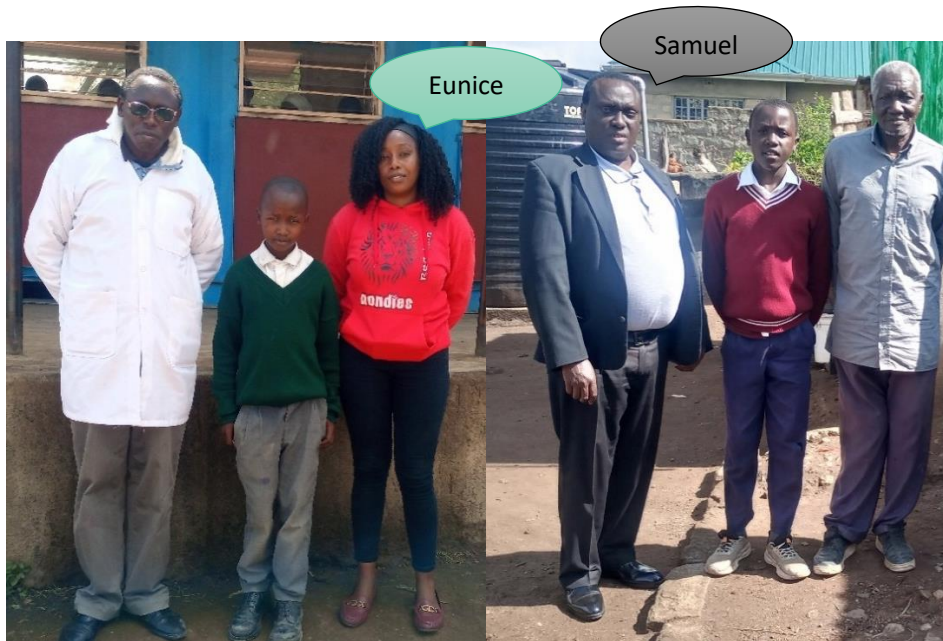


Photo 11 Photos above shows Eunice & Samuel during home and school visit.

The department also took part in monitoring the Children Rights Protection Enhancement Program which was being spearheaded by the Administration through the Project development Department. During the exercise the department assisted in evaluating the progress of the Children Rights Club which we assisted to form in the piloted schools in Naivasha Sub County. While undertaking this important exercise the pupils/students as well as their Club Patrons were issued with certificates to appreciate their participation in the training.

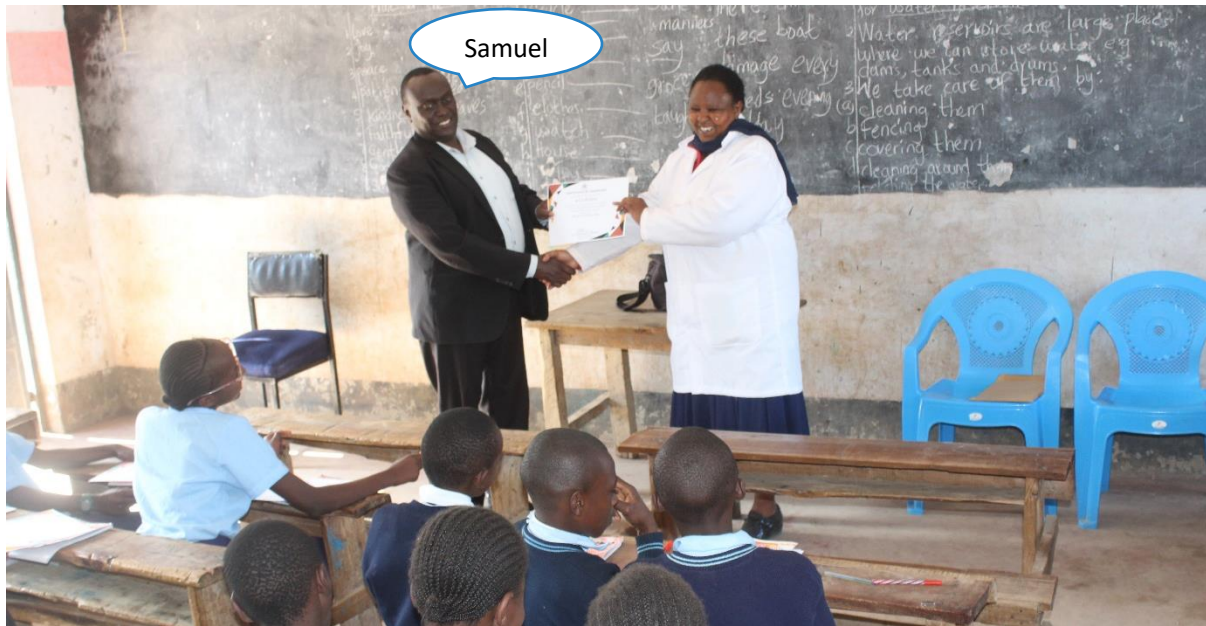


Photo 12 Samuel Maina issuing a certificate to the Patron of the Child Rights Club at Karai Primary School.

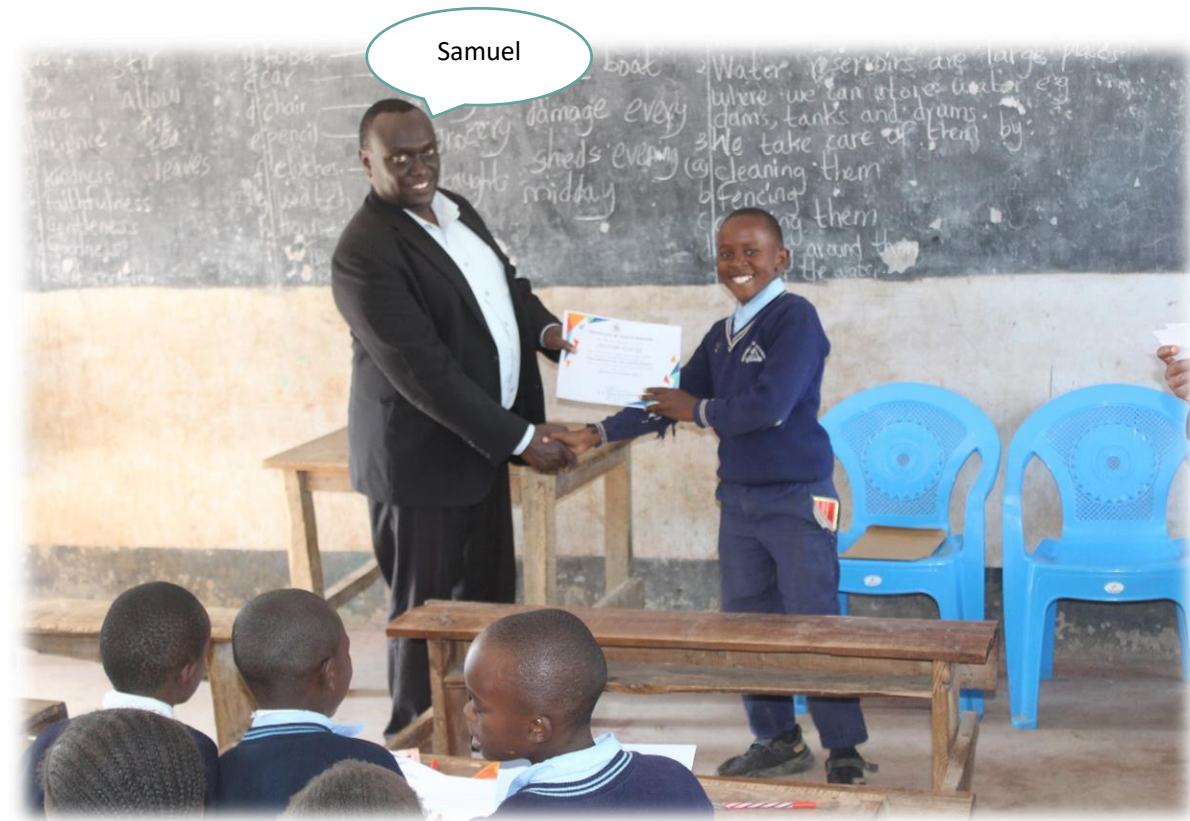


Photo 13 Samuel Maina issuing a certificate to a member of the child Rights Club in Gituamba Primary School.



Photo 14 Samuel Maina issuing a certificate to the Patron of Child Rights Club at Karai Secondary School.

Table 3 shows the number of beneficiaries with their institutional level

Type of institution	Boys	Girls	Total
Primary School	3	3	6
Secondary School	10	16	26
College/Technical School	15	20	35
University	10	9	19
TOTAL	38	48	86

Currently the number of sponsored students/pupils in the sponsorship program is standing at 86. The sponsorship program is currently having 6 pupils in primary level and 26 students in high school level. The current number of sponsored university students is standing at 19 after 2 more students joined public university this year. The number of students in technical schools/colleges currently stands at 35.

5.1. Achievements

1. Three new students were enrolled in the sponsorship program; 2 in high school and one in university.
2. All the 2 students who had applied for courses under the KUCCPS system successfully joined their respective universities.

5.2. Challenges

1. The HEF has delayed in releasing HELB funds for students in colleges and universities.
2. Some of the sponsored students at the university level have been affected in their studies by the lecturers' strike which is ongoing since the month of October.

6. SOCIAL WELFARE DEPARTMENT

The Social Welfare Department is an entry point for clients who walk in with social problems and HIV/AIDS diagnosis. This document highlights the activities carried out during the period between the month of September and October 2024.

6.1. DEPARTMENT ACTIVITIES

6.2. Support Groups

Support group meetings were held to offer psychosocial support, encouragement, and comfort to people living with HIV. The meetings helped to reduce stress and reinforce positive behavior among clients. A total of 378 (Male 64, Female 314) and 400 (Male 67, Female 333) clients attended the support group meetings in September and October respectively. During the period clients were taken through sessions in drug fatigue and adherence as well as financial and credit management.



Photo 15 Support group sessions

6.3. Client Enrolment

During the period under review 40 (2 male, 36 female) and 2 children (1 boy & 1 girl) new HIV positive clients were enrolled into the programme. In addition, 20 household members and 41 OVCs were enrolled.



Photo 16 A new client being enrolled

Table 4 shows Total clients served during the two months

Clients served	Sept. 2024	Oct. 2024	Cumulative
HIV Positive women	15	21	2,599
HIV Positive men	0	2	818
HIV Positive children	0	2	398
House hold members	15	5	3,220
Orphan Vulnerable children (OVCs)	15	26	7,577
Total served in the program since project inception	44	22	14,612

6.4. Grandmothers Project

During this reporting period, 4 grandmothers' meetings were held. Grandmothers were encouraged on self-care, hygiene and balanced diet. They were also encouraged to keep

communicating closely with their grandchildren under their care so that they can closely monitor their activities.



Photo 17 Photo showing grandmothers meeting in progress

6.5. Home visits

Home and hospital visits help to create a follow up on the clients and provide continuous support in various issues affecting their lives. During home visits, the team is able to check the living conditions of clients, identify their needs and map out necessary support. During the period under review, the department made 4 home visits



Photo 18 Sr. Ann with a client during home visit

6.6. Achievements

- ❖ Successful introduction of welfare initiatives within the support groups for members to help each other during moments of crisis

6.7. Challenges Faced

- ✚ We encounter a growing number of community members requesting for food
- ✚ High food prices and high fuel prices pose a challenge for those already struggling to meet their daily food and nutrient needs including our clients.

6.8. Way Forward

- ✚ To continue promoting good adherence to ART through health talks.

7. MEDICAL DEPARTMENT

Health care department has continued to offer various health services for the people in need of medical assistance within Naivasha. The dispensary saw a total of **781** patients in the Outpatient Department (OPD), with additional visits to clinics such as **Child Welfare (165)**, Antenatal (9), and **Postnatal (105)**. Laboratory tests **totalled 360**, while dental services were provided to 23 individuals. The top diseases treated included upper and lower respiratory tract infections, joint diseases, and conditions like diabetes, hypertension, and pneumonia. The report also highlights continuing medical education (CME) activities on topics like dental abscesses and hypertension treatment. However, challenges were noted, including a decline in patient numbers following the transition of **NHIF** to **SHA** and the closure of local schools, as well as delays in insurance approvals for **MALK** and **PACIS** policies. Below is the statistical analysis of various medical services offered between the month of September and October;

Table 5 shows services offered at ASN Upendo Village Dispensary

Services Offered	1 st month September 2024	2 nd month October 2024	Totals
Outpatient Department (OPD)	514	267	781
Child Welfare Clinic (CWC)	82	83	165
Antenatal Clinic (ANC)	4	5	9
Postnatal	50	55	105
Comprehensive Care Clinic (CCC)	94	94	188
Voluntary Counseling and Testing (VCT)	7	5	12
Laboratory Tests	244	116	360
Dental	7	16	23
Total	1,002	641	1,643

Table below displays the most common diseases for over 5 years old medical service consumers. Upper respiratory tract infection and lower respiratory tract infection leads the most common diseases reported in the institution.

Table 6 showing top 10 institutional diseases recorded during the months of September and October

Top 10 institutional diseases	
1	Upper respiratory tract infections
2	Lower respiratory tract infection
3	Disease of joint
4	Diabetes
5	Hypertension
6	Pneumonia
7	Muscular skeleton disorders
8	Urinary tract infection
9	Skin infections
10	Pneumonia

Table 7 showing training Activities held over the specified period

CME Activity	Date	Presenter	Topic
CME	10/9/2024	Lilian Langat	Dental abscesses
CME	23/9/2024	Martin Oneya	Culture media
CME	8/10/2024	Rosalia Mwau	Hypertension treatment

7.1. Challenges faced during the period

Decline in number of clients following transition of **NHIF** to **SHA** as well closure of school like Lizar and Longonot who are our potential client.

MALK insurance i.e. Teachers and police and PACIS insurance having long processes of waiting to be approved.

8. CONCLUSION

In conclusion, ASN Upendo Village has demonstrated resilience and dedication in its mission to support vulnerable communities during the September–October 2024 period. Despite facing challenges such as rising costs, food insecurity, and disruptions in education and healthcare services, the organization has continued to provide vital services through its comprehensive programs. The successful implementation of income-generating activities, psychosocial support, and nutritional interventions has empowered clients to achieve greater self-reliance, while the Education and Healthcare Departments have worked tirelessly to address the evolving needs of beneficiaries. Moving forward, ASN Upendo Village remains committed to overcoming these challenges, ensuring continued support for its clients, and striving for sustainable solutions to improve the lives of those it serves.